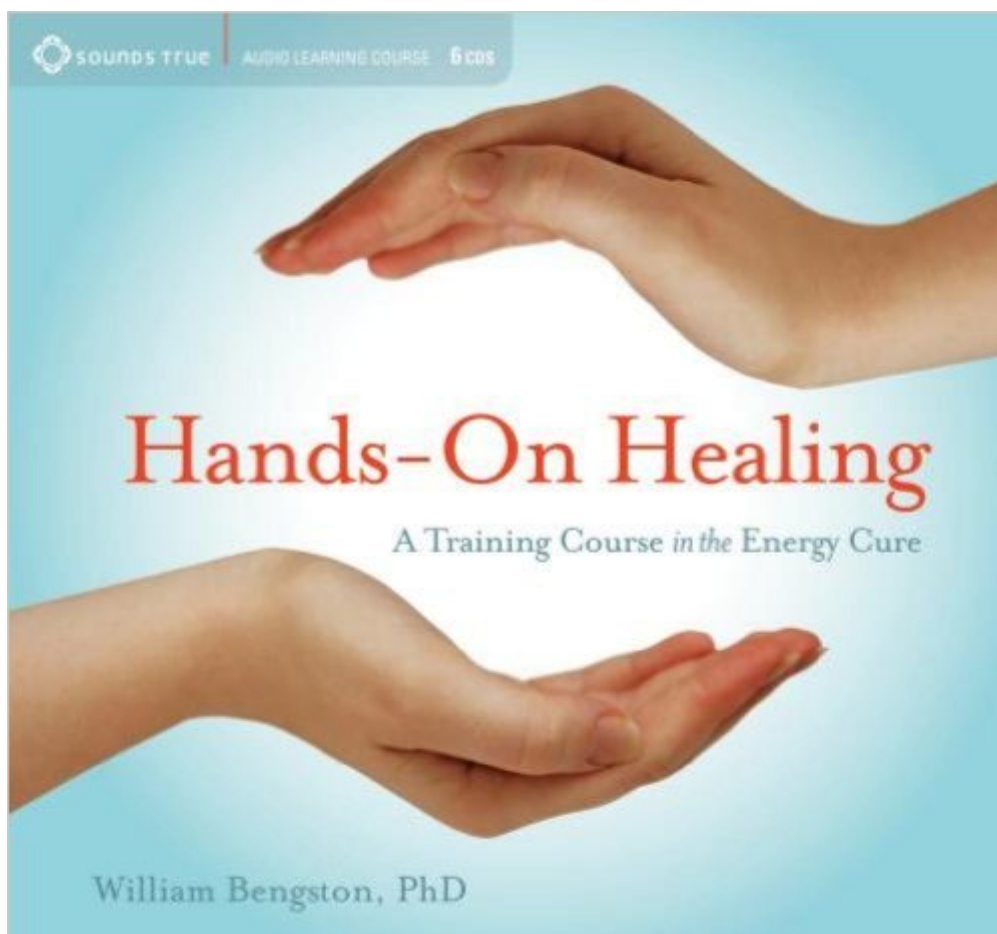


The book was found

# Hands-on Healing: A Training Course In The Energy Cure



## Synopsis

Does hands-on healing work, and can it be taught? Like many scientists, Dr. William Bengston would once have dismissed this phenomenon as an example of the power of suggestion. But after 35 years of extraordinary research, Dr. Bengston has demonstrated time and again that hands-on healing works-even on some conditions that have no conventional treatment. With Hands-On Healing, he brings you an in-depth training course in the method that produces reliable results in the laboratory-and can trigger profound transformation and healing for those who learn it. At the core of Dr. Bengston's hands-on healing method is a unique process he calls "image cycling." Requiring no preconceptions, beliefs, or inherent psychic gifts, this learnable skill circumvents our conscious limitations to access a deeper source of healing intelligence that we all possess. With detailed instruction, competency-building exercises, and playful strategies for getting your own ego out of the way, Dr. Bengston guides you through each step toward mastery of this powerful technique. Skeptical scientists and energy practitioners alike have been astonished by the consistent, measurable success of Dr. Bengston's healing method. Yet even after decades of study, Dr. Bengston theorizes that we have only glimpsed a tiny fraction of our potential. With Hands-On Healing, he invites you learn a powerful technique to ignite your own abilities-and to join him in an ever-expanding experiment to chart our untapped capacity for healing.

## Book Information

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## Customer Reviews

I've updated my book review [The Energy Cure: Unraveling the Mystery of Hands-on Healing](#) since I've purchased and listened to the CD set. Like the book most of the CD tells the story of how

Bengston got interested in energy work, how his method developed, what it does and does not do, and some speculation on how it works and Bengston states he doesn't know or understand it all. Bengston's lack of understanding about how energy healing works it is part of what fuels his fascination into energy healing. Bengston's method does not require belief on the part of the patient. His research and findings on cancer are interesting such as once cured of cancer it has never re-occurred so there appears to be some kind of immunity developed or perhaps whatever the underlying cause is it has been resolved. The cancer remits at the rate of its onset so if it came on quickly it will remit slowly and if it came on slowly it will remit quickly. He also describes resonant bonding which basically the interconnectedness of life. Through resonant bonding the healing of groups (mice) are effected by even the brief presence of the healer or when they are in close proximity to each other (such as in the same building). Resonant bonding possibly might explain the placebo effect mainly thought of as a psychological effect, but through resonant bonding the placebo effect could be thought of as shared healing effect. Bengston's method is a bit different from most of the other alternative healing methods I have come across. Professor Bengston is a sociologist at St. Joseph's College, New York.

My view of Bill Bengston's book, and especially the CD set, is that they are vitally important. By all means buy several and give them away - that's what I've done. Bengston is a stickler for tight experimental protocols and publishing in peer-reviewed journals so his results are well documented and quite credible. Still, it's amazing this work has gone on for forty years without catching the baleful eye of the closed-minded professional skeptics. There are a number of other reviews posted here that do a good job describing Bengston's method in some detail. In this review I will provide some additional information, based on a workshop I attended, that may not be found in the book or CD set or in the other reviews (there are 48 reviews of the book at this writing and I didn't read them all). After reading the book and working through the CD set (I recommend going directly to the CD set if you're serious) I really couldn't understand how Bengston's method is possible. I'm not saying I couldn't understand how it works - I knew there was little chance of that at the present - but rather how his actual mental algorithm, continuously cycling through a list of at least 20 mental images in a fraction of a second per cycle, could be performed by a typical human. That quandary caused me to sign up for one of Bill's occasional workshops, held in late 2013. It was reasonably priced - he's clearly not in it for the money - and it turned out to be a great experience. Much was revealed in the way of small details that are important for clarity and could make the difference between success and frustration.

Review for hands-on healing William Bengston, P. HD, from Sounds True Audio learning Course six CDs The premise of this audio course is built upon one fundamental issue, an issue that has deep ramifications for the healing community! Does hands-on healing work and can it be taught? Be skeptical because its proponent and its healer Bengston are as well. This already separates it from any course I've heard of. What you have in this training course is a lifelong interest by a scientist who has a quest for knowledge and sets out using evidence-based research skills to validate his discoveries in hands-on-healing and then some. If you haven't already read Bengston's complementary book Energy Healing as an introduction to this work or listened to one of the podcasts offered through his website ([...]) or SoundsTrue ([...]) I suggest you do so. The reason is simple, Hands-On-Healing is an investment into time and is a path requiring commitment and altering thinking regarding how healing works. Find out why and read on! What makes Hands-On-Healing remarkable is its unorthodox manner of radically shifting concepts that we generally find in the current healing community. In fact in these materials there is a discussion regarding one form of hands-on healing Reiki where Bengston contrasts his energy healing to that of the work of Reiki and its approach. He goes on to respectfully compare both allowing his skepticism to play into the energy of his Hand-On-Healing and contrasting it to how it plays out in the Reiki work.

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